



FLOWlines



Finger Lakes-Ontario Watershed

Volume 13, Issue 3

Paddlers' Club Newsletter,

December 2008

FLOW Winter Party

Time: 4-?? PG rated until 8pm

Date: Saturday, January 17th

Location: 825 Atlantic Ave, Rochester

It's that time of year again! FLOW's annual winter party this year will include:

—FOOD! being coordinated by Alex Macur and Joe Ryan. Ordered food (pizza, other items) to arrive approx. 5:30 pm. All desserts greatly appreciated!

—DRINK! Alex has been working long and hard devising a great beer list. We'll have wine and soda as well. And Jack's will have the usual assortment of distilled spirits at the cash bar.

—MEMBERSHIP FORMS! 2009 membership or \$15 required. We'll have plenty of forms at the door, so come re-up. FYI, cost of 2009 memberships is the same as 2008 dues structure. Individuals \$15, Families \$20.

—DEMOCRACY! We'll vote on the budget and FLOW officers. Contact Jim Dobbins to nominate an officer at 217-1259 or jdobbins@rochester.rr.com

—T-SHIRTS! We have a few FLOW T-shirts left that will be sold at the discounted price of \$5.

—VIDEO! Ron Turney is coordinating videos and photos. Contact him if you can help or would like to submit footage. We'll also have RPFF DVDs available for \$10.

—AWARDS! FLOW's Paddler of the Year award will be presented at 7:30 EPT (Eastern Paddler Time, or probably a few minutes late). To nominate someone for paddler of the year, please contact Jerry Koehler.

—CALENDARS! FLOW is continuing the tradition with FLOW calendars for 2009. To get your mug in or to order one, contact Jerry Koehler at jkoehler002@rochester.rr.com or (315) 986-4526

Election Slate

Elected Officers:

President: Jerry Koehler
VP for WW: Andy Cook
VP for Flatwater: vacant
Treasurer: Ron Turney
Secretary: Jim Dobbins

Nominated Positions:

Corporate Liason: vacant
Instruction: vacant
Librarian: Alex Macur
Newsletter: Andy Cook
Membership: Alex Macur
Quartermaster: Alex

If you're interested in any of these positions, are willing to help with any of them or know someone who is, please tell Jim Dobbins at 217-1259 or jdobbins@rochester.rr.com

National Paddling Film Festival

The Genesee Waterways will once again host a National Paddling Film Festival Roadshow at the Little Theater at 7 pm. on February 5th, 2009. The NPFF is a non-profit organization that compiles the best kayaking videos and still pictures from the US boating community. All proceeds benefit GWC and American Whitewater, the leading advocate for whitewater access, conservation and safety in the US. Our last roadshow in Rochester sold out, so get

your tickets early!

Details:

Time: 7 pm.

Date: February 5th, 2009

Address: 240 East Ave. Rochester, NY 14604

Buy Tickets at: www.geneseewaterways.org



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FLOW Organization

President.....	Jerry Koehler....	(315) 986-4526
Whitewater VP.....	Andy Cook.....	747-8478
Flatwater VP.....		
Secretary.....	Jim Dobbins.....	217-1259
Treasurer.....	Ron Turney.....	766-7881
Membership.....	Alex Macur.....	265-9256
Corporate Liaison....	Kurt Fisk.....	313-1136
Newsletter.....	Andy Cook.....	747-8478
	Dave Fulle.....	259-3242
Instruction.....	Tony Hernandez.....	820.6538
Access.....	Adrian VandenBout..	770-3254
Librarian.....	Alex Macur.....	265-9256
Quartermaster.....	Alex Macur.....	265-9256

If you would like to volunteer to help in any of these areas, please contact the person in that position or contact the steering committee at a monthly meeting or at steering@flowpaddlers.org

Newsletter Submissions

Send trip reports, articles, letters to the editor, rants, photographs, additions, corrections, deletions or anything else that you would like to see in *FLOWlines* to acook@bluefrog.com or

Andy Cook
515 Meigs St.
Rochester, NY 14607

Membership / Address Changes

To join FLOW, download the membership form from www.flowpaddlers.org, fill it out and send it with \$15 (\$20 for family rate) to:

FLOW Paddlers' Club C/O Nicole Whiteaway
103 Browns Road, Scottsville, NY 14546

If you don't have access to the web, contact Nicole at the above address. Please send any address changes to Nicole as well.

Upcoming Trips and Events

Whitewater trips.....	Andy Cook.....	747-8478
Flatwater trips.....	vacant	

National Organizations

American Canoe Association.....	www.acanet.org
American Whitewater.....	www.americanwhitewater.org

Paddling Contacts

FLOW Corporate Sponsors

Oak Orchard Canoe and Kayak.....(800) 4-KAYAKS

Boats, car & truck racks, parts, repair, river tours
10% off accessories; 22% off plastic WW boats in stock. www.oakorchardcanoe.com

Whitewater Challengers.....(315) 369-6699

20% coupon off kayaks, canoes and gear and FLOW discount.

Wcmoose@captial.net or www.wc-rafting.com

Bay Creek Paddling Center.....288-2830

Boat/gear sales & rental, instruction, kids camp; 8% off stocked accessories. www.baycreek.com

Jack Ryan's Bar.....288-9709

Offering nightly specials on fine liquor, wine, ales and lagers and a 10% discount to FLOW members.

Located at 825 Atlantic Ave. and
www.jackryansbar.com.

Businesses Offering FLOW Discounts

Colorado Kayak Supply.....www.coloradokayak.com

15% off accessories (must supply ACA number)

Nantahala Outdoor Center.....www.noc.com

10% off all goods

Northern Outfitters.....www.noh20.com

10% off all retail items

Zoar Outdoor.....www.zoaroutdoor.com

Local Businesses & Instruction

Adventure Calls.....(888) 270-2410

Whitewater rafting and boat shuttle in Letchworth State Park.
www.adventure-calls.com

Charles Feller.....226-8505

ACA & ARC canoeing, small craft safety & Basic Water
Rescue Instruction. ChasFeller@alum.rit.edu

Dogpaddle Canoe Works.....582-1153

Custom wooden canoe paddles, cedar strip canoes and boat repairs. www.dogpaddlecanoe.com

Genesee Waterways Center & Lock 32.....328-3960

ACA Whitewater Kayak and rowing instruction.
www.geneseewaterways.org

George Scherer of Sea Kayak Rochester.....381-2104

ACA certified open water coastal kayak instructor
Georg.scherer@kodak.com

Hemlock Canoe Works.....367-3040

Hand crafted lightweight canoe manufacturer
www.hemlockcanoe.com

Karen Bader.....377-4326

ACA certified flatwater instructor kmbader@aol.com

Pack, Paddle and Ski.....346-5597

Flatwater, whitewater, canoe, kayak & sea kayak instruction.

Rochester Canoe and Kayak Park.....377-1994

Director: Art Miller ACA Certified WW Instructor; USACK Certified Olympic Development Coach.

rockpark@rochester.rr.com or www.kayak-adventures.org

Talic Sport Hammocks.....381-5401

Wooden canoe and kayak stand manufacturer. www.talic.com

Tony Hernandez.....820-6538

Whitewater and flatwater instruction. ACA Whitewater and Wilderness First Responder certifications. k1tony@mindspring.com





PO Box 1540 - Cullowhee, NC 28723
866.BOAT.4AW - americanwhitewater.org

MEMBERSHIP APPLICATION

CONTACT INFORMATION

Name _____
Address _____
City, St, Zip _____
Telephone (_____) _____ AND e-mail _____
Club Affiliation _____

MEMBERSHIP LEVELS

- ☐ \$25 Junior (Under the age of 18)
- ☐ \$25 Individual for Affiliate Club Members (SAVE \$10 if you are also a member of an AW Affiliate Club)
- ☐ \$35 Individual One Year
- ☐ \$50 Family (Immediate family members excluding children over the age of 18)
- ☐ \$65 (2) Year Membership
- ☐ \$75 Affiliate Club Membership
- ☐ \$100 Ender Club (Receive AW's annual Ender Club T-Shirt FREE Circle Size: S M L XL XXL)
- ☐ \$250 Platinum Paddler (Receive AW's IR Platinum Paddler Polartec Baggy T Circle Size: S M L XL XXL)
- ☐ \$500 Explorer Membership (Receive a Dry Bag from Watershed FREE)
- ☐ \$750 Lifetime Membership (Receive AW's Lifetime Membership NRS Paddlers Duffie FREE)
- ☐ \$1000 Legacy Membership (Receive AW's exclusive Kokatat Knappster Shorty Top FREE)
- ☐ \$2500 Steward Membership (Thank you items will be arranged on an individual basis)

ADDITIONAL SUPPORT OR SUBSCRIPTIONS

- ☐ \$5.00 ☐ \$10.00 ☐ \$25.00 ☐ Other \$_____ ☐ \$_____ monthly (\$10 minimum via monthly credit card or checking acct. withdrawal. Send voided check w/check option.)
- ☐ \$30.00 Kayak Session Subscription (Includes a \$5 donation to AW)
- ☐ \$40.00 LVM Subscription (includes a \$8 donation to AW)

MEMBERSHIP INFORMATION

- ☐ Do NOT share my name with like-minded groups
- ☐ Do NOT mail me the AW journal, I will read it online (Helps us conserve and, saves AW money too!)

PAYMENT INFORMATION

- ☐ Cash
- ☐ Check # _____
- ☐ Credit Card ☐ MC ☐ Visa ☐ Disc ☐ AMEX
- Card Number: _____ Exp Date: _____
- Name as it appears on card: _____
- Signature: _____

RIVER STEWARDSHIP SINCE 1954



FLOW's AW Affiliate Club member number is 45861

Proposed 2009 FLOW Budget -- submitted by Ron Turney

Reflects \$15/\$20 membership dues		Proposed	Actual
Income:	Item:	2009	2008
	Individual Memborships	60	56
	Family Memberships	35	32
	Corporate Memberships	\$200.00	\$125.00
	Total Membership \$	\$1,800.00	\$1,605.00
	Pool Practice East	\$600.00	\$589.00
	Pool Practice - West	\$300.00	\$281.00
	T-Shirts	\$60.00	\$65.00
	Calendars	\$300.00	\$175.00
	Misc. Credits	\$50.00	
	Total Income	\$3,110.00	\$2,715.00

Expenses:	Item:		
	Winter Party	\$900.00	\$917.79
	Summer Picnic	\$600.00	\$712.00
	Mailings	\$40.00	\$41.00
	Meeting Rooms/Lodges	\$100.00	
	Meeting Expenses/Food/Etc.	\$100.00	
	Pool Practice - East	\$750.00	\$735.00
	Pool Practice - West	\$360.00	\$360.00
	Donations- AW- NYRU	\$200.00	\$200.00
	Lock32 - opening/closing/poloza	\$200.00	\$95.43
	Web Site	\$60.00	\$89.94
	Paddler of the year	\$100.00	\$100.00
	Moose Fest		
	Canopy		\$206.49
	Calendars	\$420.00	\$323.40
	Miscellaneous	\$100.00	\$50.44
	Total Expenses	\$3,930.00	\$3,831.55
	Estimted year end gain, (loss)	(\$820.00)	(\$1,116.55)

Summary	Beginning balance Jan. 1, 2009	\$3,832.24
	Estimated 2009 Income @ \$15/\$20	\$3,110.00
	Estimated 2009 Expenses	(\$3,930.00)
	Estimated year end balance Dec. 31, 2009	\$3,012.24

2009 Dates to Remember

Winter Party: January 17th
Trip Planning Meeting: February 12th
Southern Trip: May 22nd-25th
Lock Opening: May 1st
Summer Picnic: July 18th
Lockapalooza: August 15th-16th
Beaver Fest: September 5th-7th
Gauley Fest: September 18th-20th

Trip Planning Meeting

Come on out and help us plan our next season. The trip planning meeting will be at Jack Ryan's on Tuesday February 12 at 7 pm. We need your help to run the trips that we all love and to expand on our usual routine. If you would like to lead a trip next year, or just have an idea of somewhere you'd like to go and would like to suggest a trip, please attend this meet-

Pool Practices

Genesee Community College

2-4 pm

Nightly Member Pass: \$8
 Season Member Pass: \$40
 Nightly non-Member Pass: \$10
 Season non-Member Pass: \$50

Dates:

February 22nd
 March 1st
 March 8th
 March 22nd
 March 29
 April 5th

Harley School

5:30-7:30 pm

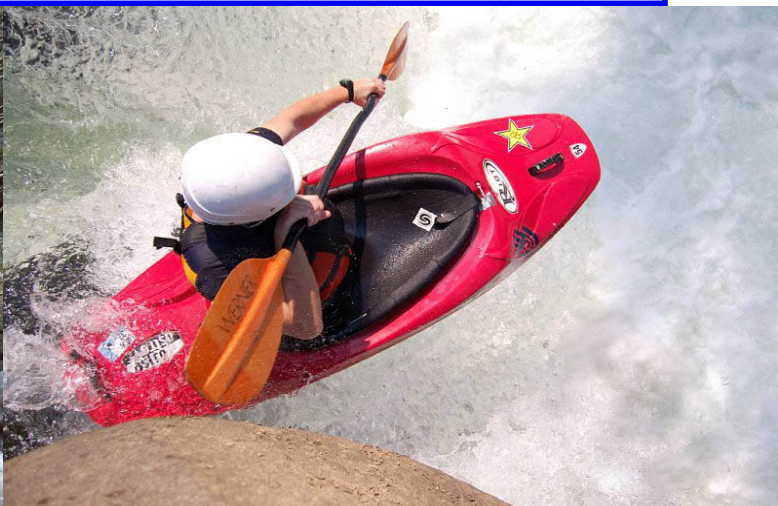
Nightly Member Pass: \$8
 Season Member Pass: \$60
 Nightly non-Member Pass: \$10
 Season non-Member Pass: \$75

Dates:

January 18th
 January 25th
 February 8th
 March 1st
 March 8th
 March 15th
 March 22nd



Andy Cook, Slow Boof, Pringle Run, photo by Paul Twist



Matt Laflair, Salad Fingers, Valley Falls section of the Tygart Valley, photo by Paul Twist

FLOW Steering Committee Meetings

We would greatly appreciate your participation in the club's business. FLOW is a democracy, which means it's ruled by those who show up. FLOW is moving in new directions these days. Please join us in shaping FLOW's future. FYI: The November and December meetings may be moved due to holidays.

Time: 7 pm	May 26th
Place: Jack Ryan's	June 23rd
Dates:	July 28th
January 2nd (party planning)	August 25th
January 27th	September 22nd
February 24th	October 27th
March 24th	November 24th
April 28th	December 22nd

Paddler of the Year

Nominate a deserving soul! Contact Jerry Koehler at jkoehler002@rochester.rr.com or (315) 986-4526

Life with AW. . .



. . . Life without AW

Where does your water come from?

This boof powered by:

Jack Ryan's

825 Atlantic Ave.



Paul Twist, Knife's Edge Boof, Moose River, photo by Norm Deets

