



FLOWlines



Finger Lakes-Ontario Watershed Paddlers'

Volume 10, Issue 7

September 2005

October General Meeting at Lock 32

Help us close out the Lock 32 season right - at the closing party! The course will be open from 4 pm until dark.

Date: Thursday, October 13th
Time: 4 pm.
Place: Lock 32 Whitewater Park

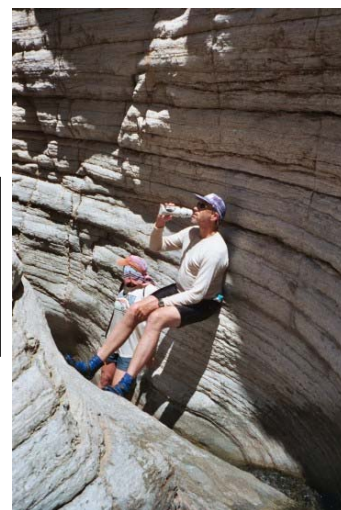
GWC is offering a reduced entrance fee of \$5 for the night. FLOW and GWC will provide hamburgers, hotdogs, coffee and soda. Lock 32 staff will be on hand to give you the tour, provide information about our programs and hear your comments and suggestions. Lock 32 will undergo another rebuilding season, so if you have any comments or ideas, make your voice heard soon. See you there!

Matt Muir Presents:

Grand Canyon 2004

A Rick Gusic Video

Date: Thursday, November 10
Time: 7:00 pm
Place: GWC Boathouse
149 Elmwood Avenue
Rochester, New York



Watch fifteen Ohio and Pennsylvania boaters-and one Noo Yawker-tackle the challenges of an 18-day private trip on the famed Grand Canyon (also known as the "Letchworth Gorge of the West"). Permit holder Barry Adams entered the Waiting List before the first Iraq war, before you'd heard of Bill Clinton, Condoleeza Rice, or Lance Armstrong...when the Dancer was the hot new playboat. And finally, in June 2004, Barry and his posse got their shot at the wilderness trip of a lifetime.

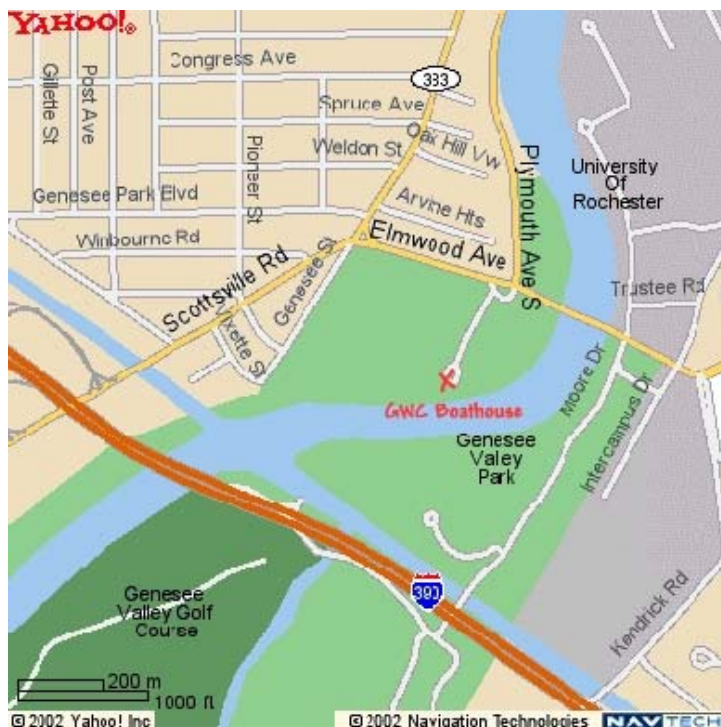
This video won an award at the 2005 National Paddling Film Fest for Best Documentary-Amateur, and it's an Instant Classic.

(continued on page 3)

Looking for Flatwater VP



George Sherer has stepped down as FLOW flatwater vice president, and we're looking for someone to fill his shoes. If you have any interest in the position, know someone who is or if you just want to find out more about it, contact steering@flowpaddlers.org or drop by the next steering committee meeting.



FLOW Organization

President.....	Don Shaw.....	223-5077
Whitewater VP.....	Norm Deets.....	224-9349
Flatwater VP.....		
Secretary.....	Cathy Rague.....	721-5153
Treasurer.....	Jerry Koehler... (315)	986-4526
Membership.....	Simon Barnett.....	899-6803
Corporate Liaison.....	Rose Conley rosems@rochester.rr.com	
Newsletter.....	Andy Cook.....	747-8478
Instruction Advisor.....	Art Miller.....	377-1994
Librarian.....	Scott Conley.....	473-3193

Newsletter Submissions

Send trip reports, articles, letters to the editor, rants, photographs, additions, corrections, deletions or anything else that you would like to see in *FLOWlines* to newsletter@flowpaddlers.org or

Andy Cook
515 Meigs St.
Rochester, NY 14607

The newsletter deadline is the next-to-last Thursday of the month.

Membership / Address Changes

To join FLOW, download the membership form from www.flowpaddlers.org, fill it out and send it with \$35 (\$40 for family rate) to:

FLOW Paddlers' Club C/O Simon Barnett
72 Maple Park Hts.
Rochester, NY 14625

If you don't have access to the web, contact Simon at the above address. Please send any address changes to Simon as well.

Upcoming Trips and Events

Whitewater trips.....	Norm Deets.....	224-9349
Flatwater trips.....		

National Organizations

American Canoe Association.....	www.acanet.org
American Whitewater.....	www.americanwhitewater.org

Local River Gauges

Genesee River (Letchworth).....	468-2303
Cattaraugus Creek.....	(716) 532-0626
Black Creek at Churchville... (800)	452-1742 #361131
Salmon River..... (800)	452-1742 #365123
Waterline Site Codes.....	www.h2online.com

Paddling Contacts

FLOW Corporate Sponsors

Oak Orchard Canoe and Kayak..... (800) 4-KAYAKS
Boats, car & truck racks, parts, repair, river tours
10% off accessories; 22% off plastic WW boats in stock. www.oakorchard.com

Whitewater Challengers..... (315) 369-6699
20% coupon off kayaks, canoes and gear and FLOW discount.
Wcmoose@captial.net or www.wc-rafting.com

Bay Creek Paddling Center..... 288-2830
Boat/gear sales & rental, instruction, kids camp; 8% off stocked accessories. www.baycreek.com

Jack Ryan's Bar..... 288-2830
Offering nightly specials on fine liquor, wine, ales and lagers and a 10% discount to FLOW members.
Located at 825 Atlantic Ave. and
www.jackryansbar.com.

Braddock Bay Paddlesports..... 392-2628
Canoes, kayaks accessories, rentals, tours and instruction. 10% off accessories for FLOW members.
Located at 416 Manitou Rd. in Hilton and
www.paddlingny.com.

Businesses Offering FLOW Discounts

Colorado Kayak Supply..... www.coloradokayak.com
15% off accessories (must supply ACA number)

Nantahala Outdoor Center..... www.noc.com
10% off all goods

Northern Outfitters..... www.noh20.com
10% off all retail items

Paddle Hut..... www.paddlehut.com
10% off boats and equipment

Zoar Outdoor..... www.zoaroutdoor.com

Local Businesses & Instruction

Adventure Calls..... (888) 270-2410
Whitewater rafting and boat shuttle in Letchworth State Park.
www.adventure-calls.com

Andrew Cook..... 747-8478
Whitewater and flatwater instruction. ACA Whitewater and Wilderness First Responder certifications. acoo0802@brockport.edu

Art Miller..... 377-1994
ACA WW instruction & USACK WW slalom instruction.
artm@rochester.rr.com or www.kayakracing.org

Charles Feller..... 226-8505
ACA & ARC canoeing, small craft safety & Basic Water Rescue Instruction. ChasFeller@alum.rit.edu

Genesee Waterways Center & Lock 32..... 328-3960
ACA Whitewater Kayak and rowing instruction.
www.geneseewaterways.org

George Scherer of Sea Kayak Rochester..... 381-2104
ACA certified open water coastal kayak instructor
Georg.scherer@kodak.com

Hemlock Canoe Works..... 367-3040
Hand crafted lightweight canoe manufacturer
www.hemlockcanoe.com

Karen Bader..... 377-4326
ACA certified flatwater instructor kmbader@aol.com

Pack, Paddle and Ski..... 346-5597
Flatwater, whitewater, canoe, kayak & sea kayak instruction.

Talic Sport Hammocks..... 381-5401
Wooden canoe and kayak stand manufacturer. www.talic.com

2005 FLOW Whitewater Trips

Date	Level	Trip Description	Class	Coordinator	Contact #
Sept. 17	Novice	Genesee River in Letchworth	II	Dan Washburn	(607) 276-6655
Sept. 24	Novice	Genesee River in Letchworth	II	Dave Meyer	(585) 937-9652
Sept. 24?	Int	West River, Vermont	III	Ben Bramlage	(518) 792-3277
Oct. 1	Novice	Genesee River in Letchworth	II	Andy Ball	(585) 374-6671
Oct. 8	Novice	Genesee River in Letchworth	II	Dave Fulle	(585) 259-3242
Oct. 7-10	Int	Intermed Southern Trip— Slippery Rock, Lower Yough, Cheat, or river TBD	III-IV	Tony Hernandez	(585) 328-9873
Oct. 15	Int	Middle Moose River from Singing Waters to McKeever (Moose Fest)	III	Chet Bunn	(315) 638-1920
Oct. 16	Int/Adv	Lower Moose River from to Fowlersville		Ben Bramlage	(518) 792-3277
Oct. 22	Novice	Genesee River in Letchworth	II	Jerry Koehler	(315) 986-4526
Nov. 6 -7	Int	Tohickon Creek, PA-camp nearby	III-III+	Steve Kittelberger	(585) 442-6138

Grand Canyon (continued)

- ♦ See boaters handle big, squirrely water with finesse and grace! See big, squirrely water pummel paddlers into submission! See famous rapids, with huge waves and complex reflection currents: Granite, Hermit, Crystal, and...Lava itself.
- ♦ See what happens when hikers don't watch where they're going on steep, narrow trails! (Hint: do the words, "rag-doll off a twenty-foot cliff" mean anything to you?)
- ♦ See lizards, scorpions, and bighorn sheep. See blue skies, red rocks, and azure waters. See the Famous Groover.
- ♦ See how *bloody awkward* a forty-something ole Ratt can look when larnin' new tricks with the Hula Hoop.

The National Paddling Film Festival only had room for 30-minute presentations. We're under no such restrictions, homies! You'll see the full 50-minute Director's Cut, with more rapids, more waves...more boatin'.

Two warnings:

- ♦ Some of the footage in this video is PG-13.
- ♦ After watching this video, you just might become obsessed with getting your name on the Private Boater Permit list.

The Canyon is a unique, total experience. Cell phones, gas prices, email, and the latest spin from soulless political hacks in Washington do not intrude on your life for 18 blissful days. For fifty video-minutes, you too can have a taste.



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315-369-6699

Rt. 28, Old Forge, NY

wcmoose@capital.net

How bout' them kids??



Who is that??

We're all pretty used to seeing each other in kayak gear—here are some shots of folks all dressed up for Karen & Joe's wedding and reception...



FLOW Steering Committee Meeting

Steering committee meetings are open to all members.

Feel free to just show up - your input is welcome and encouraged. We welcome you to share your ideas, comments and questions about club business and invite you to vote on all the issues of the day. If you

are not available but have an idea, send email to

info@flowpaddlers.org

Date: Tuesday, October 25

Time: 7:00 pm

Place: Jack Ryan's (825 Atlantic Ave.)



Congrats Joe and Karen!

Jack Ryan's

825 Atlantic Ave.
www.jackryansbar.com



BayCreek Paddling Center
1099 Empire Blvd
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www.baycreek.com



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FLOW Paddlers' Club C/O
Simon Barnett
72 Maple Park Hts.

