

FLOWlines



Finger Lakes-Ontario Watershed Paddlers' Club Newsletter Rochester NY

Volume 8, Issue 9

September 2003

Paddle Hut Offers Discounts to FLOW Members

PaddleHut.com of Watertown, NY, is the latest paddle shop to offer discounts for FLOW members. They discount all boats and equipment 10% to FLOW members in good standing. PaddleHut's location, just across the street from Hole Brothers on the Black River, is particularly advantageous for those wishing to demo a boat at Hole Brothers or Route 3 Wave. List speak to Andrew Hongach, store manager.

A Celebration of Autumn

Date: Sunday, September 28, 2003

Time: 10 AM to 4 PM

Place: Genesee Waterways Center, Genesee Valley

Park on the west side of the Genesee River Help us make the *trail* connections. Hike, peddle and paddle on trails of your choice, enjoy the music and food, see new equipment, watch outrigger canoe

and food, see new equipment, watch outrigger canoe time-trials, all in one place, on the banks of the Genesee River.

- Discovery challenge on the trails
- Special outrigger races
- Canoe and kayak demonstrations
- Wild wings show
- · Music, food and displays
- Prize drawings

For more details, check out www.geneseewaterways.com

Oak Orchard Canoe & Kayak

1300 Empire Blvd. Rochester, NY 288-5550 Flow members save 10% everyday!

Welcome To Our New Store!

Canoe & Kayak Expo May 31 & June 1 Lake Alice – Waterport, NY

www.oakorchardcanoe.com

Keuka Outlet Update

August and September of 2003 will be regarded as significant months in the development of the Competition Center below Cascade Falls on the Keuka Outlet. Many volunteers have made this project possible by donating over 600 hours of time in the last two years. The property along the Outlet is owned by the Friends of the Outlet and the water is provided by the village of Penn Yan. Without their help none of this would be possible.

Please check this area out. There is a wonderful seven mile bike path, two water falls and an abundance of natural beauty.

After five years of ground work (including numerous meetings, permits writings and reviews) the approval was finally given to construct the Competition Course below Cascade Falls. During the last week of August, City Hill Construction of Penn Yan, under the supervision of Art Miller, built what will be regarded as the finest white water competition course in the East on the 1400-foot section below the Cascades. The course was designed by Art Miller with assistance from members of USA Canoe and Kayak team.

On Sunday Sept 14th the first public water release will start at 8am and end around 1pm at the Competition Center. Following this event will be a short work party, 1-2 hrs, followed by a cookout. Hots and burgs will be provided, bring your own beverage. Contact Art thru the Cascade Falls web site for more information: www.kayakracing.org.

On September 28 the first Race on the new course will be held. The race starts at 9am and finishes in the early afternoon. Cascade Falls Competition Center has already been selected to become part of the NESS racing series. NESS is the oldest and the most successful racing series in the USA. It is a one-hour drive from Rochester and directions can be found on the web site mentioned above. We hope to see you there.



FLOW Organization

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President	.Don Shaw	223-5077		
Vice Presidents	.Steve Kittelberger.	442-6138		
•••••	ames Hopkins	.621-2721		
Secretary	.Cathy Rague .(315	5) 926-7890		
Treasurer	.bel Chastek	.768-4651		
Membership	.Wade Bowman	394-3103		
Trips & Events	.Ivan Rezanka	381-7475		
Newsletter	.Simon Barnett	899-6803		
Education/Instruction	Ardie Shaffer	334-4487		
Conservation/Access .hrry Hargrave.k1c1c2@aol.com				

Newsletter Submissions

Send us trip reports, articles, letters to the editor, rants, photographs, ads for our classified section, or anything else that you would like to see in FLOWlines. Send items to newsletter@flowpaddlers.org. If you do not have e-mail, send items to:

Simon Barnett 72 Maple Park Heights Rochester, NY 14625

The newsletter deadline is the next-to-last Thursday of the month.

Membership / Address Changes

To join FLOW, download the membership form from the "How To bin" page on www.flowpaddlers.org, fill it out and send it with \$30 (\$35 family rate) to: FLOW Paddlers' Club C/O Wade Bowman

3298 Freshour Rd.

Canandaigua, NY 14424

If you don't have access to the web, contact Wade at the above address or NewTest@Rochester.rr. Send address changes to Wade too.

Upcoming trips/events

Whitewater Trips: Contact Ivan Rezanka 381-7475. Flatwater Trips: Contact Imes Hopkins 621-2721.

Local River Gauges

Local Mive	dauges
Genesee River (Letchworth)	468-2303
Catteragus Creek	532-0626
Black Cr. at Churchville	(800) 452-1742 #361131
Salmon River	(800) 452-1742 #365123
Waterline Site Codes	www.h20line.com

Paddling Contacts

FLOW Corporate SponsorsBayCreek Paddling Center......288-2830

BayCreek Paddling Center288-2830

Boat/gear sales & rental, instruction, kids camp

8% off stocked accessories

www.oakorchardcanoe.com

www.BayCreek.com

Oak Orchard Canoe & Kayak........ (800)-4-KAYAKS 1000 Boats, car & truck racks, parts, repair, ½ day river tours 10% off accessories; 22% off plastic WW boats (in stock only)

Businesses Offering FLOW Discounts

Colorado Kayak Supply (www.coloradokayak.com)
15% off accessories (Must Supply AWA Number)

Nantahala Outdoor Center (www.noc.com) 10% off all goods

Northern Outfitters (www.noh20.com)

10% off all retail items

Padle Hut (www.paddlehut.com)

10% off boats and equipment

Zoar Outdoor (www.zoaroutdoor.com) 10% off accessories and \$50 off boat prices

Local Businesses & Instruction

Adventure Calls(888) 270-2410
Whitewater rafting and boat shuttle in Letchworth State Park
www.adventure-calls.com

Art Miller......377-1994

ACA WW instruction & USACK certified WW slalom instruction artm@rochester.rr.com

Genesee Waterways Center & Lock 32.....328-3960
Promoting the use of human powered watercraft
www.geneseewaterways.com

George Scherer of Sea Kayak Rochester....381-2104 ACA certified open water coastal kayak instructor george.scherer@kodak.com

Karen Bader......377-4326

ACA certified flatwater instructor kmbader@aol.com

Seayaker Outfitters......(315) 524-9295 ACA certified Coastal Sea Kayak instructor / courses & tours

www.seayaker.com
Talic Sport Hammocks......381-5401

Wooden canoe and kayak stand manufacturer www.talic.com

National Organizations

Please send any additions, corrections, or deletions to newsletter@flowpaddlers.org



Beaver Tales

Some random ramblings found on the FLOW message board

Beaver Country

By Kayaker On The Edge

Deep in Beaver country.

I have heard the call. I am drawn like a moth to the flame, like a drunk to a keg, like a turtle to the mud, we are all excited; to drop into the beaver.

But you must have protection; a helmet is necessary if you go in headfirst. Life jacket to keep you a float if things get too wet. A paddle to get you where you need to go. Bug spray, because these things carry diseases now. A rope to capture the elusive yet ever too common carpe, for man does not walk on water.

Only then can we wander into Beaver country. Our equipment may be different but the mission is the same. Get in and get out unscathed and uninfected with a smile on our face.

Have you been in Beaver country?? Do you know what it offers. DO YOU!! There are no applications to become a legend. NO DOTTED LINE TO SIGN. Go home and put your head in the washing machine just for the experience. It won't even come close to what the Beaver will do to you. I've seen them go in with a smile on their face and come out naked and bleeding. The light at the end of the tunnel isn't GOD; it just means your air supply is getting farther away. The twisting and grunting no one can hear, the merciless abandonment of hope for you, and the crowd cheers but you can't hear them.

Be sure you want to stick in the Beaver my friends. BE SURE!! Do not depend on common men for advice. Look beyond the common, look to that which you fear the most.

Beaver Report

By Dave Meyer

Spent the last two weekends on the Beaver and seen many a strange and wonderful thing. Seen the Mauser open a can of whoop ass on the last rapid on the Moshier (nice run). Also seen a man come close to drowning on the same rapid. Seen Hoppie run the second waterfall upside down. Seen Bobby (zonedog) Miller get himself whipped on the upper big slide. Seen Pam have a great day and run some nice lines.

The Beaver was doing what she always does enticing us with her beauty, making us forget the danger. Seen the night sky with a thousand stars and seen a man spend a good two minutes (without his boat) in the first hole at Taylorville. Seen the man puke water – seen Marty puke booze. Seen some things I ain't never seen before. For some strange reason Taylorville has gotten the reputation of being easy – heard people say you can run it in a play boat, seen Vaughn get cartwheeled in the first

hole with his rpm max. Seen a lady walk out on the log over the Eagle section to get her picture taken (almost went in). Seen Marty and Carl take the time and effort to show Ben and me the way down Eagle. Seen the Beaver being nice to some and smackin' some hard, but that's the Beaver, that's what she does to us -- we'll all be back because everyone loves a good beaver.

Beaver Report Two

By Rick Mauser

I have to say that the first hole in Taylorville is quite a sight, and much nastier than it looks. I have never seen anyone paddle so frenetically as the guy I saw in it - side surf - front surf - side surf - back surf - side surf - upside down - upside down - upside down - upside down - boat flushes out - where's the paddler? - there he is - Ok, he's flushed out - he's moving. That hole's got my respect - and then you see Hoppy miss the line, go right into it - and punch right through. I guess it just wasn't his time yet.



Gauley Fest 2003

Get ready! Get set! It's the 2003 aw Gauley festival! When: Saturday, September 20

Where: Summersville, West Virginia

The Gauley festival is...

- A critical fundraiser for American Whitewater
- Essential to the aw mission
- The most fun you can have off the water bin us on September 20th at the year 's biggest celebration of all things whitewater.
- Loads of vendors with tons of good stuff
- A mixed bag of bands blue grass, reggae and rock
- Back and better than ever the 2003 ir BIG GUN SHOW
- Gigantic Silent Auction of tempting merchandise
- hm-packed Raffle of super stuff
- Award winning videos from the National Paddling Film Festival
- Some of the best home cookin' you ever scarfed
- And so much more......

For more info about the Gauley Fest check out www.americanwhitewater.org/events/info/GHome.phtml and to find out how you can volunteer a bit of your time to help ensure the success of this event go to www.americanwhitewater.org/events/info/GVolunteer.phtml.

2003 FLOW Whitewater Trip Schedule

Whitewater paddling, like all adventure sports, entails an element of risk. FLOW members assume this risk, and share the risk and responsibility for assisting others in need, as a condition of joining any of the listed trips below. Each participant must sign a release to this effect before putting onto the water. **We can not take non ACA/FLOW members on the trips**. To add trips, or change existing trip listings, call Ivan Rezanka, 381-7475.

Date	Level	Trip Description	Coordinator	Phone
Sept. 20	Beginner	Genesee River in Letchworth. Class II	Don Shaw	585-223-5077
Sept. 20	Intermediate	West River, Vermont, Class III+	Ben Bramlage	518-792-3277
Sept. 27	Beginner	Genesee River in Letchworth. Class II	Don Shaw	585-223-5077
Oct. 25	Beginner	Genesee River in Letchworth. Class II	Don Shaw	585-223-5077
Nov. 1-2	Intermediate	Tohickon Creek, PA Class III to III+. Camp nearby.	Steve Kittelberger	585-442-6138

FLOW Steering Committee Meeting Minutes

August 26, 2003

- Members present: Don Shaw, Steve Kittelberger, Rich bki, Carol bki, Simon Barnett, Ivan Rezanka
- Budget Assessment and reset following picnic could not process as bel was not present at steering meeting
- Pool practice analysis and proposal from Ivan we reviewed Ivan's analysis bottom line: we are approximately \$240 in red for 2003
 Discussion on root cause of loss: conflict with GWC and Pittsford pool practice; member / non-member fee for pool practice session is inadequate to cover expenses; don't want to go to one location because it would result overcrowding in pool

Outcome: the following passed (had to take action without quorum in order to reserve pool time)

- Keep two locations: Ivan will support Pittsford / Rich, Carol & Simon will support Wheatland Chili
- Raise pool practice fee: members \$5.00 (includes family members); non-members \$7.00 (per person) NOTE: non-member fee still under discussion along with use of one-day waiver
- Coordinate GWC and FLOW pool practices so there is no conflict

ACTION: Steve K to coordinate FLOW and GWC pool practices

- If a non-member joins that night, difference goes toward membership
- Non-transferable season pass (7 session at either pool) available for members for \$30.00 ACTION: Simon B will design and print season pass cards
- Pittsford pool practice Wednesday nights starting February 25 (7 sessions)
- Wheatland Chili pool practice Monday nights starting February 23 (7 sessions)
- FLOWFlyer approval with the following additions, the flyer passed

Add a bullet to events – FLOW Picnic, FLOW Winter Party

Correction to DOB in application – "of" instead of "OF"

Equalize gutters for columns

ACTION: Simon B will correct and print

- Outstanding invoice / balance for corporate sponsor - could not process as bel was not present at the steering meeting
- FLOWLines editor transition Simon B said was probably not going to happen
- Separate web page for corporate sponsor advertising –all present were in favor of this idea - supported by our corporate sponsors we could not vote on this because of some outstanding issues that require a quorum vote and membership approval:

How do we differentiate between personal and commercial stuff for sale FLOW disclaimer regarding any sponsor's endorsement of a product How do we handle a conflict between a FLOW event and a corporate sponsor's advertised event Other?

- Use of one day waiver for FLOW trips discussion around implied liability of club and trip coordinator in allowing non-member to participate in FLOW trip use of waiver for pool practice also came under scrutiny, especially the 5\$ waiver fee (Where does it go? Is a \$7 non-member fee fair to a FLOW member who pays for membership / ACA insurance and \$5 for pool practice? Should non-member pool practice fee be raised to \$8?) we could not process or vote on this because of the outstanding issues require a quorum vote and membership approval
- Nomination of Rose Conley for Corporate Sponsorship Engagement and Collections – unanimous approval by those present and mail in votes

ACTION: Steve K and Don S to meet with Rose and develop strategy and establish current status

Pictures From the FLOW Summer Picnic At Stoney's



Ivan Rezanka relaxing after a day on the Salmon

Canadice Lake Trip Report

Submitted by Hoppy

Dave Murphy, Rick & Bobbie Diehl, and I had a nice relaxing paddle on Canadice Lake Thursday evening. It was a beautiful evening and the water glass smooth. Later it is rumored that Blue Whales were sighted from Rich & Carol bki's porch overlooking Honeoye Lake.

We ran into canoe designer & Canadice local Dave Yost paddling his carbon & Kevlar Bell Rob Roy (a 31 pound decked solo canoe) and another local in a Winona Prism solo. If you see a canoe with a DY next to the Manufacturer's logo & boat name guess who designed it. I don't know his complete resume but it includes more than half of the Swift line, several Curtis', and a new line of Bell WW canoes.

DY was interested in DM's plywood hulled/stripped deck Greenland design. It is a beautiful boat and includes a carbon coaming. DY & DM had a lengthy boat design discussion and DY gave us a industry update on the conglomerates and the reasons for the success of the Liquid Logic start-up.

The calm water allowed some hull efficiency comparisons. My Necky Tesla and DM's Greenland threw some embarrassing bow waves at speed. Rick & Bonnie's John Winters designed Swift Caspian Sea & Bearing Sea were visibly much more efficient.



Rick Mauser gives young Zack some advice on how not to look like A fool - both on the water and off

Whitewater Symposium

Zoar Outdoor is proud to announce that it is sponsoring the 1st Annual Whitewater Symposium on October 3 - 5, 2003! This first of a kind event will bring key players from all aspects of the whitewater community together to talk, demo and debate the state of the art of the industry. Guest speakers from around the world will present on the water drills and lectures on the hottest topics in the sport. Over 200 attendees are expected to participate, lodge and eat in the local area while fine-tuning their skills. This event is geared towards paddling instructors and intermediate to advanced level boaters. For up-to-date information visit: www.zoaroutdoor.com.



Classified Ads

To have your boat or equipment listed, send email to newsletter@flowpaddlers.org. Items will be removed after 6 months. Feel free to re-list items that have not sold.

Virtually new Folbot Greenland II and most of the accessories Folbot advertises for this boat. The boat has been wet only four times and shows new. It is assembled and located in Penn Yan and is available for close inspection. -Ken Williams at 315.536.8470 or williams@usadatanet.net.

For Sale: Dagger Animas (Blue color) - A whitewater kayak, 10.5ft. long, 24.5in. wide. Great kayak suitable for a larger kayaker. Good condition, asking \$500/BO. Custom-made Kayak Trailer - Holds up to 8 kayaks. Comes with a spare tire. Registered and in good condition. Asking \$450/BO. Call 585-342-7240 or e-mail rthom188@frontiernet.net.

Complete Whitewater Kayak Package: Blue / Yellow Perception Method used once; comes with harmony spray skirt (s), 197 cm whetstone paddle, yellow helmet (s), short sleeved amphi top (s), dry top (m), long john wet suit (m), dry socks (s), neoprene gloves (s). Whole package \$895.00. Call Ron 585-721-4090 (Cell), 585-624-1699 (Home, after 9:00pm)

Brand new 14' Rob Roy, handcrafted solo canoe. Ted Moore's design, cedar strips with poplar, walnut and mahogany accents. This canoe is beautiful - it is valued @ 2,500 to 3,000. I am trying to get best offer. Kate 315.789.9262. (Geneva)

For sale: Wavesport Siren, the kayak designed specifically for women. Yellow, 1 year old, like new condition. Paddled primarily in pool classes and a few times at the Lock 32 whitewater course in instructional classes. Asking \$550. Dagger Animas, blue/purple swirl, very good condition. Great river-running boat for novice paddlers. Bulkhead foot rests, asking \$350. Contact Ardie or Gary Shaffer 334-4487 or email ardie@rochester.rr.com.

For Sale: Pat Moore Reverie II canoe. Pedestal seat, beautiful wood trim, light gray color. 13 ft., 30 lbs, fiberglass. Here's a chance to own a classic. For the freestyle enthusiast. This canoe is in mint condition. Asking \$1200. Contact Donn at (585)242-0846 or email dwells8014@AOL.com.

Letters To The Editor

Dear Spastic Paddler,

Okay, so I'm driving back to Rochacha after doin daloop, and its one week after I got a speeding ticket in Letchworth for doing 42 stinkin miles per hour, (yeah 42 - big deal, right? But it cost me ahunnid bucks) anyways, I hearsa "foomp" commin from the roof, an I check the mirror to see my boat bouncin down 390 and cars weaving back and forth to miss it, and I'm thinkin, hasn't summun else been dere done dat before? Wuzza guy todo? Maybe I'll change the way I strap it down. Maybe I'll come up with some good river trashin story to cover up me goofup. Them scratches in unnatural places will need some splainin.

Dear Shifty,

Sounds like a good boof to me! You can't pay enough to enjoy the chaos of cars dodging a launched boat. Nothing you can do but enjoy the moment! Fortunately for me (and my boats), I have only had to watch, but not own the experience. The time I got to experience this was with Lucky Dog's virgin attempt at using straps. He had always been a "rope" guy, and needed to learn the right way to use new age straps...his took a launch in Letchworth's roadway. The look on his face was almost as good as seeing the scrambling cars! I don't know if he ever got the hang of straps. Making up river stories to cover for your indiscretions is a major faux pas. I suggest that you come clean. I hope this helps.

The Spastic Paddler

