



# FLOWlines



Finger Lakes-Ontario Watershed Paddlers' Club Newsletter  
Rochester NY

Volume 6, Issue 3

March 2001

## March Steering Meeting

Date: Thursday, March 1  
Time: 7:00 P.M.  
Place: Steve Kittelberger's, 160 Penarrow Rd.

## March General Meeting

Date: Thursday, March 8  
Time: 7:00 P.M.  
Place: Brighton Town Hall, 2300 Elmwood Ave.

The federal license which controls the Salmon River Dam is the first in the country that includes a settlement agreement governing recreational dam releases. Boaters and fishermen were represented in the negotiations by AWA, NYRU, and ADK. The cooperative spirit of the negotiations avoided lengthy and expensive court cases.

Jerry Hargrave and Bill Kuipers will present a program on the Salmon River Licensing Process. Some of the topics to be discussed are:

- What is the history behind the releases?
- How were the five dates selected?
- How were the flow levels selected?
- What is the Salmon River Flow Management Advisory Committee?

Bring your own questions for Jerry and Bill and find out more about one of the local rivers that we paddle!

## Membership Renewal Time

If you haven't renewed your membership for 2001, this is the last issue of FLOWlines that you will receive. Can't remember if you renewed? Check the message at the bottom of the last page.

**Whitewater Kayak Instruction**

**ACA Certified Instructors All Levels**

**Private and Group Lessons Custom Programs**

**GRAVITY RESEARCH INSTRUCTION PERFORMANCE**

**Rob Blake**  
716-734-3000

**Rick Williams**  
716-381-3418

## Third Annual FLOW Swap Meet

When: Sunday, March 18, 2001  
Where: East Lodge, Mendon Ponds Park  
See Map On Page 7

Schedule:  
10:00 am sellers check in equipment.  
11:00 am buyers welcome  
ongoing equip check in.  
2:00 pm sellers pick up your cash and unsold equipment before 3:00 pm.  
Food: Free donuts and coffee (a small donation won't be turned down!)

This year, we're going all out. So, get your stuff there **early**! Bring your canoes, kayaks, paddles, PFDs, spray skirts, hip pads, bilge pumps, rescue gear, helmets, wet suits, dry suits, dry bags, flotation bags, cam straps, car racks, booties, books, and camping gear.

Everyone is welcome — sellers, buyers, members, and non-members. We'll have a fire and good company.

A small donation to FLOW is required for registration. It is \$10.00 if you are selling boats or other large items and it is \$5.00 for smaller gear. You can sell your equipment yourself or have FLOW sell it on consignment for you. Consignment sales will require that 10% of the selling price also be donated to FLOW.

If you would like to drop equipment off in the weeks before the Swap Meet, contact Ed Boggs at (716) 424-2230 or contact Ed or Cathy at edncathy@rochester.rr.com.

**800 CANOES - KAYAKS!** We Buy Used!

**A Unique Shopping Experience - Knowledgeable Staff!**

**MEMBERSHIP HAS IT'S REWARDS!** 22% FLOW DISCOUNT on any in stock  
**DAGGER - PERCEPTION-PYRANA-NECKY RIOT**

**WeNoNah** - the finest canoe in the world  
**Old Town** - #1 seller in world  
**Dagger** - Canoe and Kayak  
**Necky** - Our best selling Kayak  
**Hobie & Ocean Kayak** - Sit on tops  
**Nova Craft, Radisson** - Roll

**TRY BEFORE YOU BUY!**

**RIVER FLOAT TRIPS**  
Large & small groups - All summer, clean, moving water in Orleans Co.)  
**DO-IT-YOURSELF** \$20.  
with SHUTTLE \$39.  
Reservations Necessary

**www.oakorchardcanoe.com - or - 682-4849**

**Oak Orchard Canoe Kayak Experts**

**PICKUP TRUCK REAR RACKS** 3 Styles, Telescopic, also a 2" Receiver **139<sup>U</sup>**

**PITTSFORD** **586-5990**

**1-800-4KAYAKS**

**10% off Complete Rack System**

President.....	Mike Shafer .....	227-9291
Vice Presidents.....	Cathy Rague . (315) 926-7890	
	James Hopkins .....	621-2721
Secretary.....	Dorothy Caine.....	544-9725
Treasurer .....	Ed Boggs .....	(315) 926-7890
Facilities Development	Rick Williams.....	381-3418
Membership .....	James Hopkins .....	621-2721
Trips & Events .....	Ivan Rezanka .....	381-7475
Newsletter .....	Simon Barnett .....	899-6803
Education/Instruction	Ardie Shaffer.....	334-4487
Public Relations .....	Steve Kittelberger...	442-6138
Conservation/Access.	Jerry Hargrave.....	663-3888

Send us trip reports, articles, letters to the editor, photographs, ads for our classified section, or anything else that you would like to see in FLOWlines. If you have e-mail, send articles in the form of a text file to [simon.barnett@usa.xerox.com](mailto:simon.barnett@usa.xerox.com). If you do not have e-mail, send articles to:

72 Maple Park Heights  
Rochester, NY 14625

To join FLOW, send name, address, telephone, paddling interests, and \$30 (\$35 family rate). Membership papers and updated member lists will be sent to you. Call 621-2721 for more information.

**James Hopkins**  
**Re: FLOW Paddlers' Club**  
**43 Whelehan Drive**  
**Rochester, NY 14616**

**To access the FLOW Hot Line:**

1. Dial 234-3893 from a touch-tone phone.
2. To listen to messages left by other paddlers, press star and the remote access code (\*FLOW or \*3569) any time during the greeting. After entering the remote access code, listen to instructions for how to access messages.
3. To leave a message for other paddlers, listen to the greeting and leave a brief message after the tone.

*The FLOW hotline is sponsored by FLOW Paddlers' Club for FLOW members. The FLOW hotline is hosted by Bay Creek Paddling Center.*

**Whitewater Trips: Contact Ivan Rezanka 381-7475.**  
**Flatwater Trips: Contact James Hopkins 621-2721.**

*All phone numbers are in the 716 area code unless otherwise noted.*

Genesee River (Letchworth)..... 468-2303  
Catteragus Creek..... 532-0626  
Black Cr. at Churchville... (800) 452-1742 # 361131  
Salmon River..... (800) 452-1742 # 365123

AWA.....<http://www.awa.org>  
 Bay Creek.....<http://www.BayCreek.com>  
 FLOW.....<http://www.flowpaddlers.org>  
 Pack, Paddle, Ski.....<http://www.packpaddleski.com>  
 Seayaker.....<http://www.seayaker.com>  
 Waterline.....<http://h2oline.com>

Adirondack Mountain Club (ADK) .....	987-1717
Adventure Calls .....	(888) 270-2410
Ardie Shaffer .....	334-4487
BayCreek Paddling Center .....	288-2830
G.R.I.P. ....	381-3418
Lock 32 Project (Art Miller).....	377-1994
Oak Orchard Canoe .....	(800)-4-KAYAKS
Pack, Paddle, Ski.....	346-5597
Seayaker Outfitters.....	(315) 524-9295

**FLOW Decals are now available for \$2 each. Contact Steve Kittelberger if you would like one!**



FLOWlines Production Staff (Christopher, Simon, Ian, and Joel) fold, tape, and stamp the February newsletter.  
Photograph by Lynn Barnett

## April General Meeting

Date: Thursday, April 12  
Time: 7:00 P.M.  
Place: Brighton Town Hall, 2300 Elmwood Ave.

### Sea Kayaking on San Francisco Bay

From Sausalito below the Marin Headlands, cross the channel to Angel Island, a former Civil War camp. Time the landing in the surf at Pearl Beach just right to avoid a pounding on the sand and stones. Or wait for an evening with a full moon, cross Richardson's Bay, round the tip of Belvedere, and paddle to dinner at Sam's in Tiburon, before heading back in the moonlight.

Paddle under the Golden Gate Bridge — a narrow, tumultuous gate between the Bay and the Pacific Ocean. Know where the shipping channels are and how fast the tide is going out to avoid landing in the Potato Patch outside the gate.

There are islands inhabited only by birds. Be prepared to have a sea lion pop up next to your boat.

This is not a flat water paddle across a serene lake. Paddling the Bay is a lesson in planning, reading the tide tables, determining the speed of the wind and the current, navigating in and out of the shipping channels, and safely reaching your destination with enough time to return to your launch site.

Come and enjoy an evening of slides, videos and narrative about one of the most active and beautiful waterways in the world.

If you have any stories, slides or videos to share about your own experience on San Francisco Bay, contact Cathy Rague at 315-926-7890 or at [edncathy@rochester.rr.com](mailto:edncathy@rochester.rr.com)



BayCreek Paddling Center  
1099 Empire Blvd  
Rochester NY  
(716) 288-2830  
<http://www.baycreek.com>

### Great Prices on Used and Demo Canoes and Kayaks.

Save up to 50% off Retail on selected models.

We need to make room for spring shipments from Dagger, Mad River, Wilderness Systems, Valley, Riot and Swift.

*The new Wave Sport boats are going fast!*

Come see what your friends will be paddling this year.

## February Steering Committee Meeting Minutes

Thursday, February 1, 2001

**In attendance:** Mike Shafer, Steve Kittelberger, Ed Boggs, Ivan Rezanka

**Membership:** All membership renewals received by January 31 will receive free FLOW decal in next newsletter, as planned. Simon is purchasing envelopes to use with March mailing.

**Newsletter:** Club member list to be published 4 times in 2001: April, July, September, and December. March will be last newsletter received by unpaid renewals. In April non-renews to receive "post card" renewal reminder instead of newsletter.

**Treasury:** We will put together a list of past donations made to paddlesport organizations (ACA, AW, NYRU, etc.). Forthcoming meeting to discuss and plan a future agenda for our relationships and donations. Agreed to donate \$200 to American Whitewater following Chris Koll's presentation.

**Access:** Harry Marinakis has drafted a letter to the campground along Canaseraga Creek asking for access permission. We approved the letter, and it will be sent on FLOW letterhead.

**Pools:** Both pools will charge \$2/members. Non-members must fill out ACA "member for a day" paperwork to fall under ACA insurance requirements; will also require a \$5 fee. Randy Amidon is coordinating a third pool in Canisteo during March.

## Calling all Volunteers

"Hey, it's the weekend. Want to go paddle?"

Remember when you first began, and wondered where to go? And who there was to paddle with?

A new paddling season is about to begin. The works of AW, ACA, and many volunteers brings forth a great variety of river releases and festivals throughout the Northeast. How many would you like to see a FLOW trip at? Ivan has begun work on a new trip list for this upcoming season. Why not pitch in and organize a trip? You don't need to be the most experienced paddler to do this - beginner and novice trips are the club's greatest need.

Almost anybody can put together a trip from what the Northeast has to offer. It doesn't take much more than handling some incoming phone calls, organizing a meeting place, and helping make sure we all get on the river together. The paddlers make the rest happen! We can have a great triplist, if only we all say, "I can organize one." We're all going to be at all the runs anyway, so why not help make this be the year you do a trip? Give it some thought. Then call Ivan and tell him how you can help. Then we can have a GREAT triplist!

## Southern trip 2001

Submitted by Mike Shafer

Goin' South? I am....

About this time every year I begin to get the itch. It's been about 3 months since I've been in my boat. I look out my front window at all the snow and think, geez it's cold out there. Best I can hope for right now is the pool. Then I start to think. Tygert, Nolichucky, Ocoee, Nantahalla, Chatooga, Tellico, French Broad, the Smokies and Appalachian scenery, Cheat River Fest. Maybe the Gauley, New, and even more. Dream on I hear...but hey...this all can be done. One week's vacation is all it takes, and that is all the thought it takes to get me through the rest of winter.

I'm going again this year, April 28 to May 6. I can't really say, for sure, what will be paddled and what won't - not just yet anyway. It all depends where the water is. And on who's along for the ride. Last year we did a good many advanced rivers. Yet I am hearing from many intermediates that want to go south now. Seems to me that both can be done, as long as the right people are together. It's the people who make the trip! So if you too are starting to think about warmer days and good boating, let me know. I am working on the plans right now, so call (716-227-9291) or e-mail [mshafer@rochester.rr.com](mailto:mshafer@rochester.rr.com).

Harry Marinakis running Jawbone on Chatooga IV  
Photo by Mike Shafer



Seven Foot Falls, Chatooga River  
Photo by Mike Shafer

Gold Medal  
Water



Ed Boggs below Woodall Shoals, Chatooga IV  
Photo by Mike Shafer

FLOW  
member price  
**\$55<sup>00</sup>**  
per hammock\*  
not including frame



## "Pick Up Your Toys When You're Done Playing"

Mom's words were still ringing in our ears when we created the Talic Sport Hammock. The tidiest, most intelligent way to store one or more kayaks, an engineering masterpiece that works with either our free-standing frame or lets you mount hammocks directly to the studs in your garage or basement. Sport Hammocks extend the life of your kayak by cradling your craft for even weight distribution and easy accessibility. And everything is made with the highest quality woods and hardware for years of trouble-free, low-maintenance use.

Why don't you pick up a Talic Sport Hammock today? It's a perfect way to say thank you to the woman who first sang you, "Row, row, row your Boat..."

**Talic**<sup>TM</sup>  
SPORT HAMMOCKS<sup>SM</sup>

316 N. Goodman St. • Rochester, NY 14607  
271-3150 • [www.talic.com](http://www.talic.com)

***Be Good To Your Toys***<sup>SM</sup>

Shown above: Free-standing frame with one horizontal and two slanted hammocks.  
\*Slanted hammock, reg. \$85.00 Boats courtesy of Bay Creek Paddling Center

## 2001 River Release Schedule

### Deerfield River, MA (Water Info: 888-356-3663)

Dryway Section (dam 5, class III-IV)

Release Times:

Friday 11am-3pm  
Saturday 10am-3pm  
Sunday 10am-2pm

Dates:

May 26, 27  
June 2, 3, 9, 17, 23 & 30  
July 7, 8, 13, 14, 20, 22, 28 & 29  
Aug 3, 4, 5, 11, 12, 19, 25, 26 & 31  
Sept 1, 8, 29 & 30  
Oct 13 & 14

Fifebrook Section (dam 4, class II)

Zoar Gap (dam 4, class III)

Release start times range from 9:30-noon.

Dates:

April 7, 8, 11-15, 18-22, 25-28  
May 5, 6, 12, 13, 14, 18-20, 24-27, 30 & 31  
June 6, 8-10, 16, 17, 21-24, 27-30  
July 1, 4-8, 14, 15, 18-22, 25-29  
Aug 1-5, 9-12, 16-19, 23-26, 30 & 31  
Sept 1, 2, 5-8, 12-16, 26 & 29  
Oct 3-7, 10-14, 17-21

### Millers River, MA (class II-III)

April 2-15

### West River, VT

(Upper class III, Lower class II-III)

April 28, 29

Sept 22, 23

April 21-22, June 16, 24 & Oct 20 (still tentative)

### Salmon River, NY (class II-III)

June 23, 24 (350 cfs)

July 7, 8 (750 cfs)

July 21-22 (750cfs)

Aug 4, 5 (750 cfs)

Sep 1, 2 (750 cfs)

### Mongaup River, NY

(Class II+, alternating Sat or Sun)

April 15, 28

May 13, 26

June 10, 23

July 8, 21

Aug 5, 18

Sept 2, 15, 30

Oct 13, 28

### Potomac River, WV (North branch, class II-III)

April 14, 15, 28 & 29

May 12, 13, 26 & 27

Sept 2 & 3

Oct 7 & 8

### Lehigh River, White Haven PA (class II+)

June 9, 10, 23 & 24

Sept 15

Oct 6, 20

### Tohickon Creek, PA (class II-III+)

March 17, 18

Nov 3, 4

### Gauley River, Summersville WV (class III, IV & V)

Sept 7-10, 14-17, 21-24, 28-30

Oct 1, 5-8, 13-14

### Bottom Moose, NY (class V, all tentative)

April 15, 22, 29

May 5, 6, 12, 13, 19, 20, 26, 27

June 2, 3

Oct 7, 13, 14, 20, 21, 27, 28

### Russel Fork, WV

Oct 7, 8, 14, 15, 21, 22 (800cfs)

Oct 28, 29 (1000 cfs)

### Stoney Creek, PA (class III-IV)

April 21, 22

### Esopus Creek, Phoenicia, NY (class II-III)

June 2-3

July 14-15

Sept 15-16

Sept 29-30

### Dead River, ME

Day	Date	Release
Sat	May 5, 12	7000+ CFS*
Sat	May 26	1800 CFS
Sun	May 27	5500 CFS
Mon	May 28	1300 CFS
Sat	June 2, 9	5500 CFS/3500 CFS**
Sat	June 16	3500 CFS
Sat	June 23	1800 CFS
Sun	June 24	1300 CFS
Sat	June 30	2400 CFS
Sun	July 1	1800 CFS
Wed	July 4	1300 CFS
Sat	July 14	2400 CFS/1300 CFS**
Sun	July 15	1300 CFS
Sat	Aug 4	2400 CFS/1300 CFS**
Sun	Aug 5, 11	1800 CFS
Sun	Aug 12	1300 CFS
Sat	Sep 1	1300 CFS
Sun	Sept 2	5500 /1800 /1300 CFS***
Mon	Sept 3	1300 CFS
Sat	Sept 15	3500 CFS
Sat	Oct 6	Full Open Up To 6000 CFS

\*release at the dam River Engineer

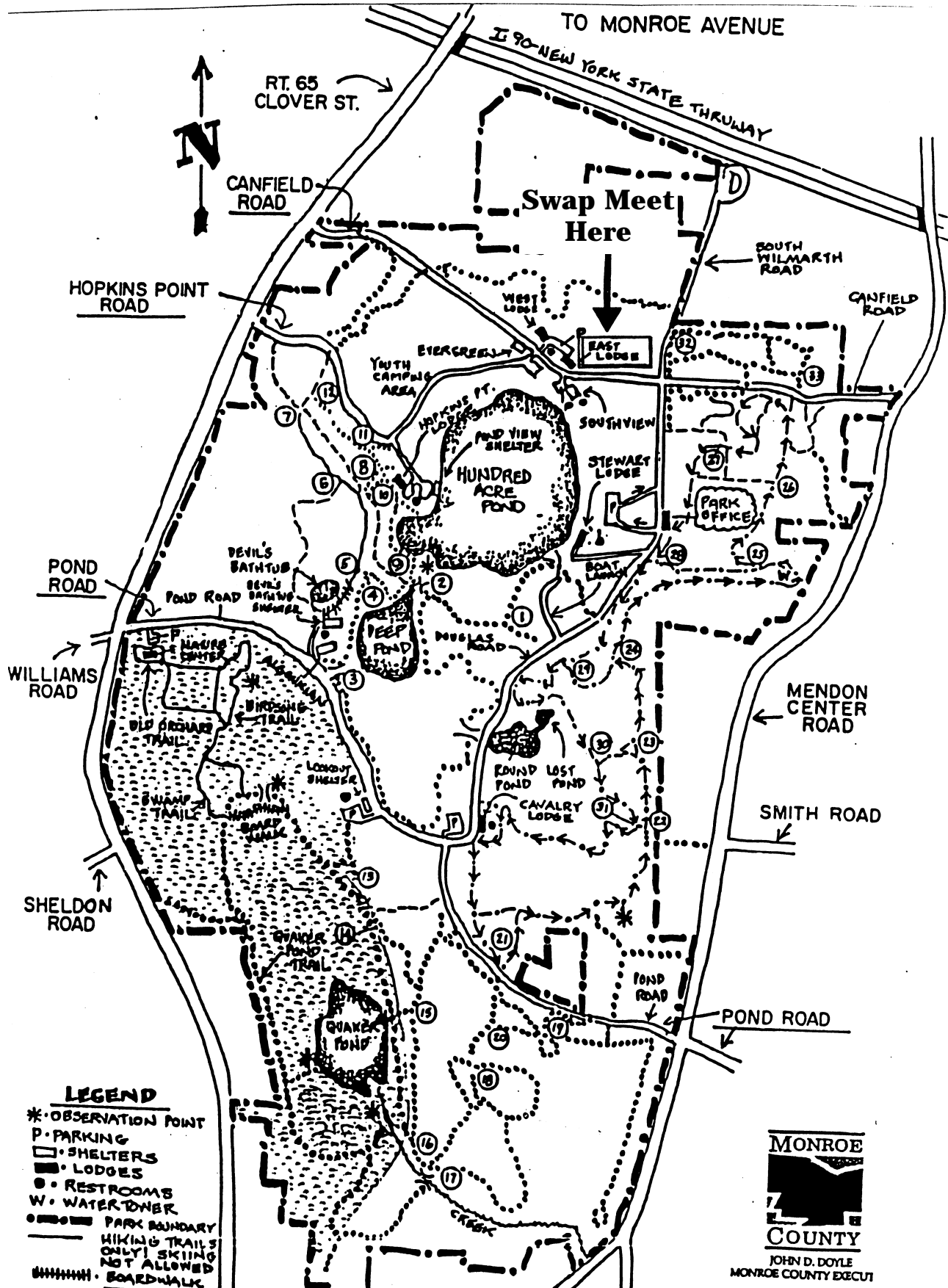
\*\*flow change at 11:30 am (at dam)

\*\*\*1800 at 11:30 am, 1300 at 1:00 pm (at dam)

Disclaimer: This is the most accurate information that we could find, but it is all subject to change due to local water conditions. Check before you go or you may end up hiking instead of boating! Thanks to Mike, Victoria, and Ken Voytak of Kayak & Canoe Club of New York for pulling this information together.

# Map To FLOW Swap Meet

Sunday, March 18, 2001 See Detail On Page 1



## Classified Ads

**Wave Sport Kinetic**, New in Sept. 99, Great beginner kayak for a small paddler, \$400. **Rhode Gear Super Shuttle** Trunk Mount Bicycle rack. Holds 2 bikes very securely, \$55. Call Doug (716) 734-9026 or droode@ulbi.com

**Perception Sparc** Whitewater Kayak \$400. Rail—mount **Yakima rack** with kayak loop \$60. Call Lee 586-5677 (home) or 781-5428 (work)

**Perception Mr. Clean** play boat and **RIOT KIX** creek boat 450.00 each contact Jim at (716) 436-9902 or 370-9585 cell.

Purple and white **New Wave Cruise Control** for \$300. Contact Simon at 899-6803 or Simon.Barnett@usa.xerox.com.

Do you have extra gear sitting in your basement, garage, or under your deck? Someone may want it and just imagine what you can do with the extra cash! Send your ads to the newsletter editors. See page 2 for contact information.

### Adirondack Paddlefest May 11-13, Inlet, NY

Details will be in the April Newsletter, or if you can not wait, check out their web page:  
[www.mountainmanoutdoors.com/paddlefest.html](http://www.mountainmanoutdoors.com/paddlefest.html)

**Next newsletter deadline is Mar 15.**

## Pool Practice Schedule

Once again, FLOW is sponsoring two locations! Please note that the Wheatland-Chili pool practice is on Monday evenings this year.

Admission to pool practice is \$2 for FLOW members and \$5 for the general public. (We printed the wrong price in last month's newsletter).

### All Boats Must Be Clean

Place	Wheatland-Chili High School Corner of North Rd. and 386 Scottsville, NY
Time	7:00 pm - 9:00 pm
Dates	The Following Monday Evenings: February 26 March 5, 12, 19, 26 April 2, 9

Place	Pittsford Middle School 75 Barker Road Pittsford, NY
Time	7:30 pm - 9:30 pm
Dates	The following Wednesday evenings: February 7, 14, 28 March 7, 14, 21, 28 April 4

**FLOW Paddlers Club**  
43 Whelehan Drive  
Rochester, NY 14616

