

# FLOWlines

Newsletter of the Finger Lakes-Ontario  
Watershed Paddlers' Club, Rochester NY

Volume 5 Issue 1

January 2000



**Dan and Helen say....  
Bye-Bye....**

## **Big FLOW Party.... (Well, the world didn't end...)**

Save the date-Thursday, January 20, 2000. The first social event of the millennium . Join FLOW for it's 4th annual "off the water (but not dry) party " at McGinnity's 534 W. Ridge Road. Party starts @ 6 pm and bring your favorite paddling video to share....

## **January General Meeting**

**Time:** January 20th, 6pm

**Place:** McGinnity's

See Party...

## **January Steering Committee Meeting**

**Time:** Thursday, January 6th - 7 P.M.

**Place:** Ed and Cathy's Billiards Lounge at 3218 GoosenRd. Marion. Take 490 south to Linden Ave/ Rte 441 exit. Travel east 16.0 miles on route 441 and turn left on Cory Corners Rd. ( Cory Corners is 2.6 miles east of the signal light in Walworth.) Travel approx. 1.4 miles north on Cory Corners and take the 1st right which is Goosen. We're the 2nd house on the right. Call them @ 315-926-7890 for further help...

## FLOW organization

<b>President</b>	Steve Kittelberger 716 442-6138
<b>Vice Presidents</b>	Cathy Rague 315 926-7890 James Hopkins 716 621-2721
<b>Secretary</b>	Dorothy Sullivan 716 544-9725
<b>Treasurer</b>	Ed Boggs 315 926-7890
<b>Facilities Development</b>	Rick Williams 716 381-3418
<b>Membership</b>	Mike Shafer 716 227-9291
<b>Trips &amp; Events</b>	Ivan Rezanka 716 381-7475
<b>Communications</b>	
<b>Education/Instruction</b>	Ardie Shaffer 716 334-4487

### Newsletter submissions

Send us trip reports, articles, letters to the editor, ads for our classified section, or anything else you'd like to see in FLOWlines.

*If you have e-mail:*

Send articles in the form of a text file to:  
Helen.Cherniack@usa.xerox.com

*Written submissions:*

Preferably typed in a 10-point font or larger, double-spaced.

Hand-written submissions must be reasonably legible, or great editorial license may be invoked. Mail to Helen and she will forward.

*Mail to:*

Helen Cherniack  
480 Benton St.  
Rochester, NY 14620

### Contacts

FLOW Paddlers' Club .....(716) 442-6138  
Seayaker Outfitters .....(315) 524-9295  
.....<http://www.netacc.net/~seayaker>  
Pack, Paddle, and Ski .....(716) 346-5597  
Endless Adventures .....(315) 536-0522  
Adirondack MountainClub(ADK)(716) 987-1717  
Ardie Shaffer .....(716) 334-4487  
Oak Orchard Canoe .....1-800-4-KAYAKS  
BayCreek Paddling Center .... (716) 288-2830  
..... [baycreek@cwix.com](mailto:baycreek@cwix.com)

## FLOW HotLine: 716 234-3893

### To access the FLOW HotLine:

1. Dial 716 234-3893 from a touch-tone phone.
2. To listen to messages left by other paddlers, **press the remote access code** any time **during the greeting**. After entering the remote access code, listen to instructions for how to access messages.
3. To leave a message for other paddlers, listen to the greeting and leave a brief message after the tone.

*The FLOW HotLine is sponsored by FLOW Paddlers' Club for FLOW members. The FLOW HotLine is hosted by Bay Creek Paddling Center.*

### Membership and Mailing List

To join FLOW, send name, address, telephone, paddling interests, and \$30 (\$35 family rate) membership papers and updated member lists will be sent to you. Call 716-227-9291 for more information.

Mike Shafer

Re: FLOW Paddlers' Club  
89 Dorsetwood Dr  
Rochester, NY 14612

### Upcoming trips/events

Contact Ivan Rezanka (716) 381-7475 for Whitewater Trips. Contact Harry Weidman (315) 524-9295 for Flatwater Trips. Refer to insert for the latest version of the trip lists.

### Gauge numbers

Genesee River (Letchworth) . . . .716-468-2303  
Cattaraugus River . . . . .716-532-5454  
Salmon River . . . . .1-800-452-1742 #365123  
Keuka Outlet . . . . .716-234-0090

### Web Pages

<http://www.rit.edu/~dsbpph/flow>  
<http://www.netacc.net/~seayaker>  
<http://www.awa.org>

## Flow's Pool Practice Schedule

(Two Locations near you!)

### Pittsford Middle School (Barker Rd.)

7:30-9:30

Wednesdays: 2/9, 2/16, 3/1,  
3/8, 3/15, 3/22, 3/29, & 4/5

### Wheatland-Chili

7:00-9:00

Tuesdays: 2/29, 3/7, 3/14,  
3/21, 3/28, 4/4, & 4/11

### Fees for both:

Members: \$2.00/night

Non-Members: \$5.00/night



*- I really wish I had gone to a couple more  
Pool practices*

## MILLENNIUM MOTIVATORS:

Instruction in White water  
Kayaking for the New You in the New  
Year!

Introductory courses in white  
water kayaking are scheduled to begin in  
mid-January at two locations - MCC and  
the town of Pittsford (two different  
schools).

MCC classes will be held on  
Sundays, 9:30 am - 12:30 PM for 3  
consecutive  
weeks, 9 hours of instruction. Dates are  
1/16, 1/23, and 1/30. Class fee  
is \$115 and includes all necessary  
equipment. A 10% discount will be  
offered if you have your own equipment.  
This class is designed for  
beginners and includes everything from  
selecting equipment to the Eskimo  
roll. Call Ardie Shaffer to register at  
(716) 334-4487 or email:  
ardiek1@rochester.infi.net.

In February, March and April the  
day and time switches to Saturdays,  
11:00 am - 2:00 PM on the following  
dates: Feb. 5,12,19; March 11,18,25;  
and April 1,8,15.

### Town of Pittsford's Classes:

The first scheduled class for the  
town of Pittsford begins Wednesday, Jan.  
12 and continues for 4 consecutive  
weeks through Feb. 2. This class  
concentrates on learning/perfecting the  
roll. Class times are 8-10 PM, at  
the Pittsford Middle School pool on  
Barker Road. Equipment is not included  
in the class fee of \$45, but is available  
for rent from the instructor if  
needed. Call 334-4487 for information,  
248-6280 to register.

Class #2 in Pittsford is a  
supervised pool practice with instructors  
available to help with whatever you feel  
you need work on. This class is  
also Wednesday nights, 8-10 pm, but the  
location is Pittsford-Sutherland  
High School. Fee is \$45 for 4  
consecutive weeks from 3/1-3/22. Call  
334-4487 for information or rental, 248-  
6280 to register.

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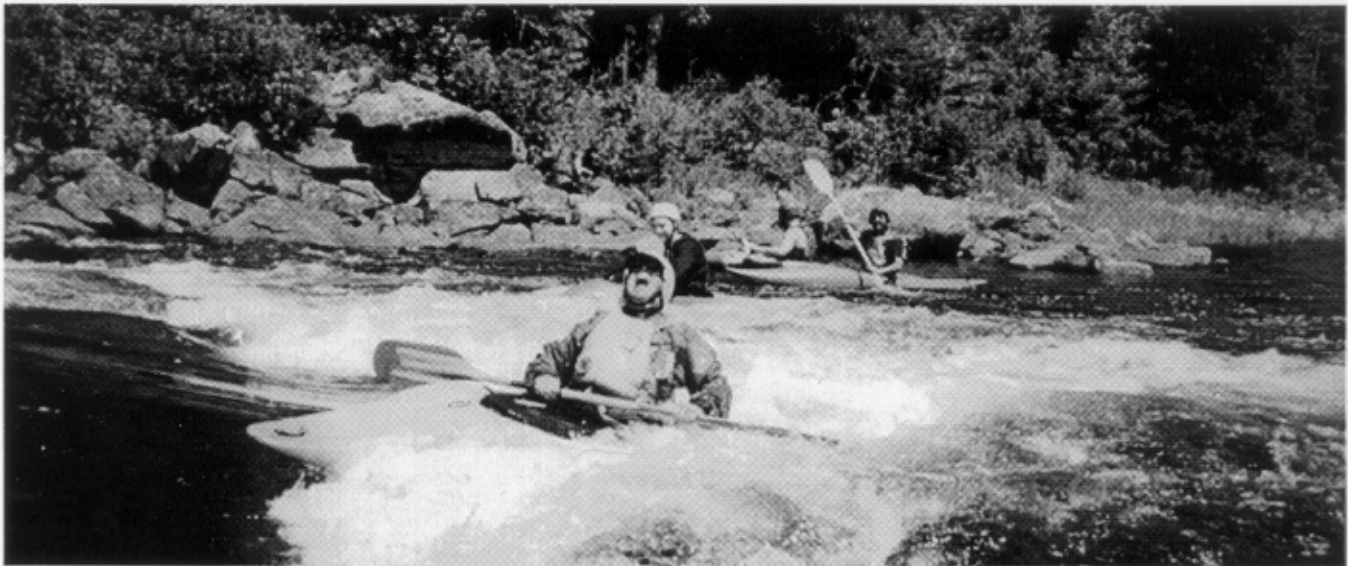
**GRIP**

**EXPERIENCE**

GRAVITY RESEARCH INSTRUCTION PERFORMANCE

Rob Blake  
716-734-3000

Rick Williams  
716-381-3418



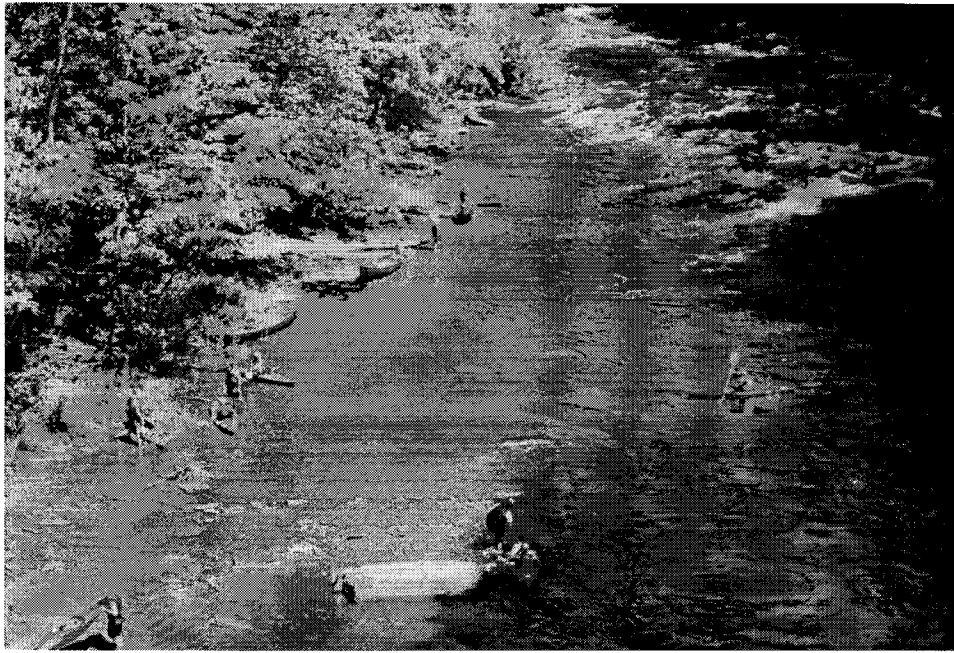
-Gary Shaffer testing the waters in Baja

-Feeding time on the  
Ottawa with Jerry H.

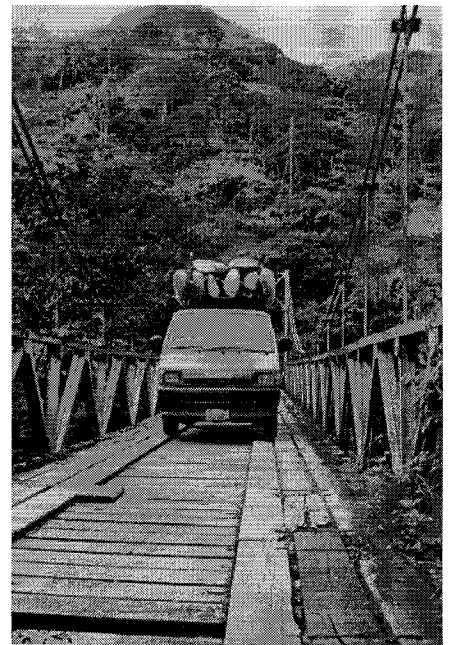


-Paul Houndt and his  
special little friend

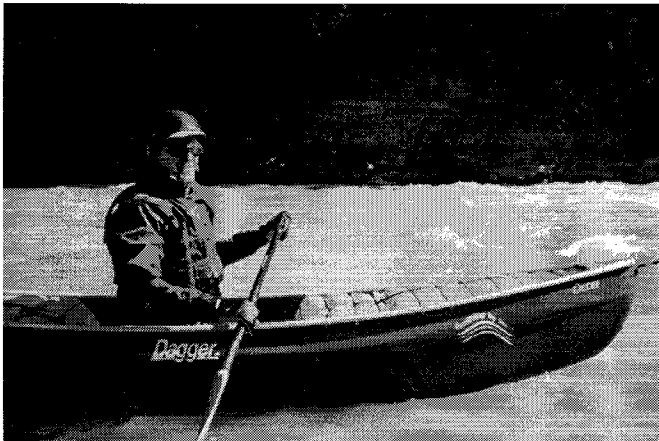




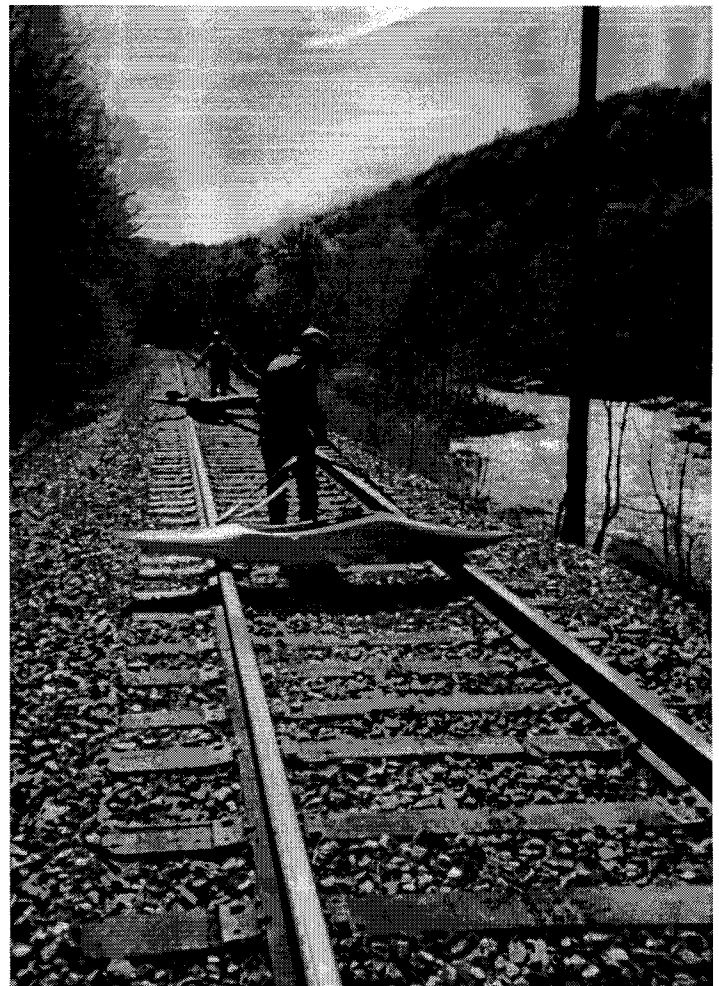
-An afternoon on the Salmon



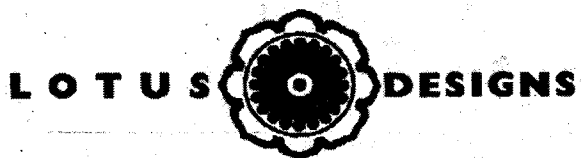
-How many boats can you put on a van going over a really scary bridge...



-Greg 'Stohlquist Man' Barnett to the rescue



-Doug Caine researches new modes of transportation



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## Classified Ads

### FOR SALE:

**Perception Pirouette** for sale. Purple. Original owner, used for 2 seasons. \$375. Call Harry at 244-9807 or write [Harry\\_Marinakis@urmc.rochester.edu](mailto:Harry_Marinakis@urmc.rochester.edu)

Hey Big Guy! You need a **Dagger Vortex** for \$350. Also selling a medium spray skirt for \$40. Call Rick Mauser @ 473-2162

15-1/2 ft **Blue Hole** Whitewater canoe, 70 lbs. Roylex, \$300. In Avon until May 15th. **X Par Missile** 23' stern rudder racing boat, used twice \$1800. In Denville NJ. Contact Ben Jones @ (973) 361-2785.

Two 15 ft. **Coleman flatwater canoes** with paddles. At the University of Rochester. Used twice by U of R Outing Club in past year. \$180 each. Call Eric at 271-2036 or write to [es009g@mail.rochester.edu](mailto:es009g@mail.rochester.edu)



## Lock 32 Pictures

Check out the action pictures of the Lock... Go to the "unofficial" FLOW WebSite at

<http://www.rit.edu/~dsbp/h/flow>

## Deadline for next newsletter

The deadline for submissions for the next newsletter is Monday, January 17th. Send submissions to Helen Cherniack and she will forward them to the new editor.

**FLOW Paddlers' Club**  
89 Dorsetwood Dr  
Rochester, NY 14612

stamp

